

HYBRID Co-Occurring Disorder Series 2023

****PLEASE NOTE: ORANGE dates are IN-PERSON,
BLUE dates are VIRTUAL****

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| 5/22/2023 | Understanding Co-Occurring Disorders |
| 5/31/2023 | Suicide, Aggression and Violence in the Co-Occurring Culture |
| 6/12/2023 | Effective Group Approaches for Individuals with Co-Occurring Disorders |
| 6/21/2023 | Moving Clients with Co-Occurring Disorders Through the Stages of Change |
| 6/26/2023 | Self-Care as an Ethical Priority |
| 7/19/2023 | Engaging Families to Improve Co-Occurring Outcomes |
| 7/24/2023 | The Young Brain |
| 8/4/2023 | Screening, Referral & Resource Tools for Individuals with Co-Occurring Disorders |
| 8/11/2023 | Clinical Assessment & Documentation with Individuals with Co-Occurring Disorders |
| 8/18/2023 | Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medications |
| 9/15/2023 | A Look at a Few Special Populations |
| 9/22/2023 | A Look at a Few More Special Populations |

Understanding Co-occurring Disorders (Monday 5/22/2023)

This introductory session is an overview of the Co-Occurring Disorder Series. The training focuses on culturally competent identification of the characteristics of co-occurring mental health and substance use disorders, as well as evidence-based models that treat co-occurring disorders concurrently and collaboratively.

Suicide, Aggression and Violence in the Co-Occurring Culture (Wednesday 5/31/23)

Mental health and substance use issues are often entangled with increased risk of suicide, aggression and violence. This advanced training will look at this connection and help participants examine their own biases. In addition, participants will understand the importance of on-going screening, assessment and intervention while also keeping themselves and the community safe. Issues of suicide, domestic violence, human trafficking and school violence will be addressed.

Effective Group Approaches for Individuals with Co-Occurring Disorders (Monday 6/12/23)

There are significant advantages to using group approaches when working with clients with co-occurring disorders. This training will review the ideal group dynamics, as well as creative group ideas, including for virtual groups. In addition, the benefit of self-help groups, such as 12-step groups, will be discussed.

Moving Clients with Co-Occurring Disorders Through the Stages of Change (VIRTUAL Friday 6/21/23)

Prochaska and DiClemente's Stage Theory is a highly researched model that is helpful when working with clients with mental health issues and substance use disorders with various cultural backgrounds. This training will review the various processes of change, as well as techniques to help clients move forward in their overall recovery.

Self-Care as an Ethical Priority (Monday 6/26/23)

Dealing with our own lives impacts how we work with clients, and behaviors from clients can trigger our unhealed wounds. The additional stress of being an "invisible essential worker" during COVID-19 has provided additional impact. This training will look at the importance of self-care and how it impacts our ethical decisions.

Engaging Families to Improve Co-Occurring Outcomes (Wednesday 7/19/23)

Family cultural and dynamics have a significant impact on the success of treatment and recovery for individuals dealing with co-occurring disorders. This training will review methods to positively engage families and help them strengthen and grow. In addition, we will focus on relapse issues that can be impacted by dysfunction in the family and how to teach skills to clients to cope with dynamics they cannot change.

The Young Brain (Monday 7/24/23)

Childhood, adolescence, and young adulthood are times for significant growth—physically and emotionally. Because the young brain is not fully developed until around age 25, it responds differently than an adult brain. This training will focus on these developments and how the young brain is impacted by mental health and substance use issues.

Screening, Referral & Resource Tools for Individuals with Co-Occurring Disorders (VIRTUAL Friday 8/4/23)

Individuals with co-occurring disorders often show up in various settings. Appropriate and culturally competent screening, referral and resource tools help match those individuals to the best services. This training focuses on the “no wrong door” approach, which allows clients to get direction and support regardless of where they go or whether the connection is live or virtual.

Clinical Assessment & Documentation with Individuals with Co-Occurring Disorders (VIRTUAL Friday 8/11/23)

Accurate and thorough assessment, treatment planning and progress notes are an important part of any clinician’s role. This advanced training for clinicians will focus on integrating these processes and documents efficiently, in order to provide ease of treatment and collaboration, as well as protection for staff.

Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medication (VIRTUAL Friday 8/18/23)

Medications are often a helpful, and sometimes necessary, tool when working with clients with co-occurring disorders. This training will educate clinicians about the basics of medications for mental health issues, as well as substance use disorders. A review of how to help clients navigate their medication disclosure, including in a 12-step environment, will also be discussed.

A Look at a Few Special Populations (VIRTUAL Friday 9/15/23)

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover additional complications that the following populations may experience:

- Individuals experiencing homelessness
- Individuals involved in the criminal justice system
- Military & Veterans
- Law Enforcement and First Responders

A Look at a Few More Special Populations (VIRTUAL Friday 9/22/23)

Understanding the generalities of co-occurring disorders is not enough. Community workers in various settings must also be aware of how sub-cultures are impacted in different ways. This advanced training will cover a review of special concerns regarding women, older adults, and the LGBTQIA+ community.

A certificate of attendance will be sent out for each training of the series

****Social work and PCB credits are pending. I will let you know if they are NOT available****

Registration For HYBIRD COD 2023 Series

This Beaver County training series is free of charge, with priority given to Beaver County residents and providers.

First Name: _____ Last Name: _____

Agency: _____

Address: _____

City: _____ Zip: _____

Email: _____

Please indicate which training(s) you would like to attend:

- a) 5/22/23 9AM-4 PM ____ Understanding Co-Occurring Disorders (IN-PERSON BVIU)
- b) 5/31/23 9AM-4 PM ____ Suicide, Aggression and Violence in the Co-Occurring Culture (IN-PERSON BVIU)
- c) 6/12/23 9AM-4 PM ____ Effective Group Approaches for Individuals with Co-Occurring Disorders (IN-PERSON BVIU)
- d) 6/21/23 11AM-2 PM ____ Moving Clients with Co-Occurring Disorders Through the Stages of Change (ZOOM)
- e) 6/26/23 9AM-4 PM ____ Self-Care as an Ethical Priority (IN-PERSON BVIU)
- f) 7/19/23 9AM-4 PM ____ Engaging Families to Improve Co-Occurring Outcomes (IN-PERSON BVIU)
- g) 7/24/23 9AM-4 PM ____ The Young Brain (IN-PERSON BVIU)
- h) 8/4/23 11AM-2 PM ____ Screening, Referral & Resource Tools for Individuals with Co-Occurring Disorders (ZOOM)
- i) 8/11/23 10AM-2 PM ____ Clinical Assessment & Documentation with Individuals with Co-Occurring Disorders (ZOOM)
- j) 8/18/23 11AM-2 PM ____ Choice & Voice: Helping Clients with Co-Occurring Disorders Manage Medication (ZOOM)
- k) 9/15/23 11AM-2PM ____ A Look at a Few Special Populations (ZOOM)
- l) 9/22/23 11AM-2PM ____ A Look at a Few More Special Populations (ZOOM)

Please indicate if you are requesting:

____ Social Work Credits (Pending approval) Last 5 of SS# (if requesting Credits) _____

____ PCB Credits (Pending Approval)

ZOOM links for the trainings will be sent out prior to each training.

Questions?

Email Jennifer Boeringer @ Jennifer@etc-pa.com