



COUNSELING
ON ACCESS TO
LETHAL MEANS

CALM Conversations

This 90-minute workshop is designed to provide friends, family, and others with information on how to recognize and respond to suicide risk. It also focuses on reducing access to lethal means, especially firearms. Participants learn how to talk with someone who may be having thoughts of suicide in a collaborative, nonjudgmental, and supportive manner.

Workshop participants will learn

- Basic facts and misconceptions about suicide, common risk factors and warning signs, and the importance of means safety in keeping at-risk individuals safe
- How to ask about mood and suicide
- How to provide support to at-risk individuals
- How to make the environment safer for an at-risk individual until their mood improves



Date: Wednesday April 23, 2025

Time: 1:00 - 2:30pm

Location:

BVIU

147 Poplar Avenue

Monaca, PA 15601

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Contact us at calmamerica.org/contact-us to set up training.