



MENTAL HEALTH ACROSS THE LIFESPAN SUPPORTING THE INDIVIDUALS AND THE FAMILIES

PROGRAM DESCRIPTION

This presentation focuses on taking a look at mental health challenges and needs from infancy through adulthood and the unique opportunities for intervention that each stage of life provides. Looking at trends in Neurodevelopment, Resilience and Trauma, participants will be able to identify how to support individuals and families that are experiencing mental health or substance abuse issues along the way and rally extended support for those who are not in their charge. Common mental health disorders will be discussed from a lifespan perspective drawing on attachment and neurodevelopment as a foundation for understanding and providing supportive treatment for commonly diagnosed disorders such as Depression, anxiety, bipolar disorder, Reactive attachment disorder and neurodiversity.

VIRTUAL TRAINING

Tuesday, October 28, 2025
9am-Noon

PRESENTERS:

Jill Perry-Phillips, MS, NCC, LPC, CAADC
Erin Troup, LPC, NCC, CT, IMH-E IV®

Target Audience:

Those who work with families and caregivers experiencing mental health and/or substance abuse issues

- Identify key mental health challenges and needs from infancy through adulthood
- Identify strategies to support individuals and families experiencing mental health or substance abuse issues
- Understand how mental health/substance abuse issues within the family can effect children and their development

Click here to register: <https://us02web.zoom.us/j/83258833019>